

WAYS YOU CAN HELP RELIEVE PRESSURE ON THE ELECTRIC GRID

- **Select the lowest comfortable thermostat setting and turn it down several degrees whenever possible.**

PRO TIP: Seal air leaks around windows and exterior doors with caulk and weatherstripping. Air leaks and drafts force your heating system to work harder than necessary.

- **Refrain from using major appliances such as dishwashers, ovens, and clothes dryers, especially from 6 a.m. to 10 a.m. and 2 p.m. to 6 p.m.**

PRO TIP: To reduce energy consumption during the hours listed above, use smaller appliances like microwaves, slow cookers, and air fryers and delay starting the dishwasher until right before you go to bed.

- **Ensure that your heating system is optimized for efficiency with regular maintenance and proper insulation.**

PRO TIP: Make sure your vents and registers are not blocked by furniture. Also check that your furnace filter isn't clogged or dirty.

- **When possible, use cold water to reduce water heating costs.**

PRO TIP: Setting your water heater thermostat to 120 degrees can help you save energy and reduce mineral buildup and corrosion in your water heater and pipes.